



PRIVATE YOGA & PERSONAL FITNESS TRAINING

Better the relationship with your body and mind by indulging in a Private session of Yoga, Pilates or Personal Fitness Training. Whatever your personal goals, our experienced and qualified professionals will tailor make a programme just for you, allowing you to deepen your practice and challenge your limits leaving you feeling refreshed, energised and inspired.

We offer a range of options to suit your individual wellness needs, including practicing Yoga deep under the ocean surrounded by fish at our H2O restaurant! Awaken your mind, your body and your soul

- Private Session 1 person: \$120
- Private Session Couple: \$200

- Private Session 1 person in Villa: \$180
- Private Session Couple in Villa: \$300

- Private Session 1 person in H2O: \$360
- Private Session Couple in H2O: \$600

Packages

If you wish to book more than one private session, we recommend for you to take one of our promotional packages allowing you to make savings; the more sessions you book, the greater the saving.

- Package of 3 Private Sessions 1 person: \$325 – 10% discount
- Package 3 x Private Sessions Couple: \$540 - 10% discount

- Package 5 x Private Session 1 pax: \$480 – 20% discount
- Package 5 x Private Session Couple: \$800 – 20% discount

- All sessions are 60mins in duration.
- All prices shown are inclusive of all taxes and service charge.
- Cancellation policy will apply on all bookings: if the cancellation is made less than 4 hours prior to the booked time a 50% charge will apply. In the case of no show 100% of the cost will be charged. For bookings in made in H2O all cancellations will incur 100% charge.
- If booking a package, the full cost of the package will be charged at the first session, and is non-refundable thereafter.
- Bookings must be made in advance to avoid disappointment, and timings depend upon the availability of the Instructor and of the chosen venue
- Always inform the Instructor of any pre-existing medical conditions, concerns and goals before the start of your session so that we may accommodate your individual needs more effectively.

For further enquiries or information please speak to a member of our Wellness team.