

FITNESS CENTRE

Keep yourself fit even when you are on holiday, accompanied by stunning views at the over water gym. Our Fitness Centre is fitted with a range of internationally-known "Precor" equipment along with healthy culinary section offering fresh juices and unique raw cuisine concept. From yoga sessions to private circuit training sessions, Kagi fitness offers something for all.

FITNESS PERSONAL TRAINING

Private Yoga Session (60 mins)

Single	\$60.00
Couple	\$100.00

Private Mat Pilates Session (60 mins)

Single	\$60.00
Couple	\$100.00

Strength Training (60 mins)

Single	\$60.00
Couple	\$100.00

Core Focused (60 mins)

Single	\$60.00
Couple	\$100.00

Circuit Training (60 mins)

Single	\$60.00
Couple	\$100.00

HIIT (45 mins)

Single	\$60.00
Couple	\$100.00

Package (4 days / 60 mins per day)

Single	\$200.00
Couple	\$380.00



Group Wellness Activities (Complimentary)

Morning Stretching (Mon to Sat) – 7:30 to 8:00

Sunset Yoga (Tue/ Thu/ Sat) – 17:30 to 18:15

Hatha Yoga (Mon/ Wed/ Fri)-17:00 to 17:45

Baani Sound Healing (Wed & Sun)-18:00 to 18:30

Guided Meditation (Mon & Fri) - 18:00 to 18:30

Aqua Aerobics (Wed only) – 10:00 to 11:00

Mat Pilates (Mon & Friday) – 10:00 to 10:45

*All Prices are in USD and include 10% Service Charge and 17% GST and are subject to change

*Note: activities and training schedules are subject to change without prior notice

Winter 2025/2026 & Summer 2026 Ver 28/04/25

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