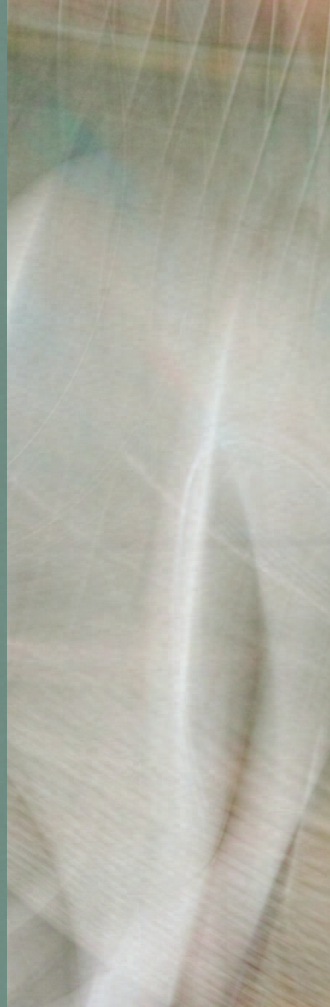


TALISE SPA





SIGNATURE RITUALS		USD
Firumaalaa Couples Ritual	120 minutes	1150
Absolute Indulgence Couples Ritual	120 minutes	720
Absolute Indulgence	120 minutes	single 370
Kandu Ehvaru Shirodhara Treatment	90 minutes	230

WELLNESS COLLECTION		
Wholeness	5 hours	800
Purity	7 hours	1,100
Radiance	10 hours	1,550

FACIAL COLLECTION		
Sodashi		USD
Pure Radiance Facial	60 minutes	220
Calm Facial	60 minutes	220
ManKind Facial	60 minutes	220

Intracuticals		
Oxygen Facial	60 minutes	220

MASSAGE COLLECTION		USD
Heyovaru Si' Hatu Massage	75/90 minutes	195/220
Varugadha Deep Tissue Massage	60/90 minutes	185/220
Hathareh Four Hand Massage	60/90 minutes	285/330
Balinese Massage	60/90 minutes	185/220
Holistic Aromatic Massage	60/75/90 minutes	185/195/220
Prenatal Massage	60/90 minutes	185/220
Thai Massage	60/75/90 minutes	185/195/220

BODY COLLECTION		USD
Purifying Body Boost	90 minutes	220
Body Balance Salt Glow	60 minutes	195
Vanilla Body Bliss	60 minutes	195
Therapeutic	90 minutes	220

ENHANCEMENT COLLECTION		USD
All Add-On's are applicable as enhancement option added to a full price treatments. Not applicable for packages, complimentary and discounted offer.		
Foot Reviver Massage	30 minutes	60
Scalp Massage	30 minutes	60
Body Balance Salt Scrub	30 minutes	100

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Back, Neck, Shoulder Massage	30 minutes	60
Express Facial Reviver	30 minutes	80
Hot stones/Hot poultices		65
Soft Cupping		30
IIISKIN Master Masking - Choose your favorite eye or face mask from IIISKIN		From \$50

KIDS AND YOUTH COLLECTION

USD

Children deserve to live their best life too. These rituals are adapted to their taste and age. Parental company is mandatory.

Kuda Kujja Massage	30/60 minutes	90/110
Yummy Facial	30 minutes	90
Tutti Frutti Scrub	30 minutes	90
Hair cut, style, up - do, or braids		90

BEAUTY COLLECTION

USD

Hair

Hair Treatment Ritual	45 minutes	80/100/125
(Choose from Sun-Proof, Post-Sun and Intense Repair Treatment)		
Shampoo and Blow-Dry	30 minutes	100
Shampoo, Blow-Dry, and Style	60 minutes	150
Shampoo, Cut and Blow-Dry	60 minutes	150
Permanent Hair Colour	60 minutes	price depends on length of hair
We recommend to provide the code of your preferred color		
		110/120/130
Short, Medium, Long hair Root Touch Up	60 minute	130
Bridal Hair Styling & Make Up Trial	120 minutes	255
Bridal Hair Styling & Make Up	120 minutes	255
Bridal Hair Styling	45 minutes	125
Bridal Make Up Session	45 minutes	125
Gentleman's Haircut and Styling	45 minutes	55
Kids Mini Haircut	60 minutes	85

Nails

Express Manicure (no polish)	30 minutes	85
Express Pedicure (no polish)	30 minutes	85
Nails Manicure	60 minutes	115
Pedicure	60 minutes	115
Gel Manicure	90 minutes	120
Gel Pedicure	90 minutes	120
Nail Polish Change / French Tip	30 minutes	60
Nail Art	30 minutes	60
Gel Nail Removal	45 minutes	60

Hair Removal Services Upon Request

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FITNESS COLLECTION

Private High - Intensity Class	30 or 45 minutes	USD 95/115
Private AquaFit Class	60 minutes	115
Private Total Body Sculpt Class	60 minutes	115
Private Kickboxing Class	60 minutes	115
Couple's Class	60 minutes	130
Group Class	60 minutes maximum	6 guests 60

MINDFUL COLLECTION

Aerial Yoga (One-on-One session)	60 minutes	USD 125
Flow Yoga Class	60 minutes	250
Yoga Nidra	60 minutes	250
Prenatal Yoga	60 minutes	250
Guided Meditation	60 minutes	250
One-on -One Pranayama Breathing	60 minutes	250

Prana is "vital force" and ayama is "to extend or draw out". Pranayama, an integral part of the yogic tradition is the practice of controlled breathing. Our one-on-one breathwork will teach you how to use your breath to heal, purify your body, balance your energy, deepen your spiritual practice, and experience mindfulness in a new way.

Group Class (maximum 12 guests)	60 minutes	125
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COMPLIMENTARY ACTIVITIES

Sunrise Yoga 06:15 - 07:15am	
Daily Except Saturdays	60 minutes
Morning Fitness 09:00 - 12:00pm	
Daily Except Saturdays	60 minutes
Kids Yoga	
Every Monday - 11:00 - 11:30 am	30minutes

We recommend booking the complimentary classes at least 24 hours in advance as there is a 12-person limit per class. All outdoor activities are contingent on the weather. Classes may be made private depending on availability. Please contact Talise Spa or your Island Host for bookings.

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Jumeirah

MALDIVES
OLHAHALI ISLAND

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